

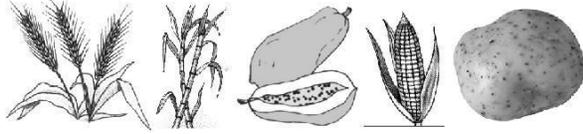


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CLASS IV /SCIENCE/2017-18  
OLYMPIAD PRACTICE WORKSHEET

Name-

Class-

1. The food items shown in the figure are sources of mainly



- (A) Fats. (B) Carbohydrates.  
(C) Proteins. (D) Vitamins.

2. The component of food which helps our body to fight against infections is?

- (a) Proteins (b) Carbohydrates  
(c) Fats (d) Starch

3. Our body needs \_\_\_\_ litres of water every day.

- (a) 1/2 (b) 2-3  
(c) 7-8 (d) 10 -15

4. Which of the following is a protective food??

- (a) Milk (b) Egg  
(c) Fruits (d) Cereals

5. At what age does a child usually lose their baby teeth?

- (a) 2 years (b) 12 years  
(c) 6 years (d) 10 Years

6. What are your front teeth called?

- (a) Canines (b) Incisors  
(c) Premolars (d) Molars

7. Which of the following Microbes are used to make yoghurt?

- (a) Bacteria (b) Fungi  
(c) Virus (d) Protozoa

8. Name the hard, tough substance which covers the tooth.

- (a) Enamel (b) Keratin  
(c) Diamond (d) Root

9. What is the function of teeth besides chewing the food?

- (a) Taste (b) Mixing  
(c) Speak (d) None of these

10. What are the nutrients that are needed to grow, build, and repair body cells?

- (a) Carbohydrates
- (b) Calories
- (b) Proteins
- (d) Fat

11. Which of the following are the sources of protein?

- (a) Iron and calcium
- (b) Rice and wheat
- (c) Meat, fish, eggs
- (d) Fruits and vegetables

12. Which is the size of small intestine?

- (a) 20 feet
- (b) 5 feet
- (c) 25 feet
- (d) 30 feet

13. Finger like projections in the small intestine are called \_\_\_\_\_.

- (a) Mucous
- (b) Glands
- (d) Villi
- (d) None of these

14. Breaking down of food is called \_\_\_\_\_.

- (a) Combustion
- (b) Digestion
- (c) Mixing
- (d) Excretion

15. The process of digestion starts in the \_\_\_\_\_.

- (a) Mouth
- (b) Large intestine
- (c) Stomach
- (d) Small intestine

16. Bile is secreted by which part of our digestive system?

- (a) Pancreas
- (b) Gall bladder
- (c) Liver
- (d) Intestine

17. Ornithologist : Bird :: Archeologist : ?

- (a) Island
- (b) Mediators
- (c) Archeology
- (d) Aquatic

18. CUP : LIP :: BIRD : ?

- (a) BUSH
- (b) FOREST
- (c) GRASS
- (d) BEAK

19. Find the missing time in the pattern.

06:30 , 06:20 , \_\_\_\_\_ , 06:00 , 05:50

- (a) 06:20
- (b) 06:30
- (c) 06:00
- (d) 06:10

20. A unit that measures the energy in food is a \_\_\_\_\_

- (a) Calorie
- (b) Fats
- (c) Carbohydrate
- (d) Vitamins